

AMICA

BEECHWOOD VILLAGE



WELCOME TO AMICA BEECHWOOD VILLAGE

Amica Beechwood Village, in the heart of the picturesque seaside town of Sidney, has it all. With waterfront trails, quaint shops, charming restaurants, and the Vancouver Island Regional Library just outside your door, Amica Beechwood Village has everything you need, right here.

JUST FOR YOU

Welcome to senior living tailored to you. From our graceful interiors to our premium amenities and services, at Amica Beechwood Village you'll find exactly what you're looking for in a senior residence. Our dedicated team is ready to create an exceptional experience that respectfully meets all your personal needs. Feel confident knowing Amica Beechwood Village has been designed to provide you with everything you need today, and in the years to come.

BE INSPIRED

Our wide range of premium amenities and services is designed to meet all your physical, intellectual and social needs.



PREMIUM AMENITIES AND ENRICHING ACTIVITIES

- Library and computer lounge
- Wi-Fi in social spaces
- TV lounge
- Activities room
- Fitness centre with personalized and group programs

AMICA BEECHWOOD VILLAGE OFFERS

- Salon and spa services
- 24-hour concierge
- 24-hour emergency response system with personal pendants
- Dedicated transportation for shopping and excursions
- In-suite professional care and support

EXTRAORDINARY CUISINE

Our passion for food can be found in every menu our Red Seal Certified Chef creates. Using the freshest ingredients, our skilled on-site chefs prepare a variety of healthy, balanced, nutritious (and dietician approved) meals to suit every appetite. Everything is served by our attentive staff, ensuring each dining experience is a special one.



CHOOSE WHERE TO DINE IN STYLE

- Flexible dining – dine when and where you prefer
- Dining room and bistro
- Patio with courtyard garden
- All day self-serve bistro with fresh fruit and baked goods always available
- Private dining room available for special occasions
- Invite your family and friends to join you anytime – we'll even cater your event
- Enjoy meals in the dining room, self-serve bistro, on the patio, or in the comfort of your suite

CHEF'S DAILY SPECIALS

À-LA-CARTE MENU
WITH RESIDENTS' FAVOURITES

SPECIAL OCCASION MENUS

UNIQUE DIETARY NEEDS AND
PREFERENCES ACCOMMODATED

MIND.
AND BODY.



DESIGNED FOR YOU

You choose how to spend each day, whether it's relaxing or joining in on activities.

ACTIVITIES & SOCIAL EVENTS

- Physical fitness programs such as Gentle Fit, Balance Fit, Yoga, and Sit & Stretch classes
- Painting and art classes
- Social events, entertainment, clubs, speakers, movies in our TV lounge
- Celebrations and special occasions
- Family and friends events
- Volunteering opportunities
- Weekly group outings





YOUR
PERSONALIZED
WELLNESS PLAN



UNIQUELY YOURS

For each resident we develop a Personalized Wellness Plan to help you take advantage of all that Amica has to offer. Together we will build a customized plan based on your social, intellectual, physical, care and support needs to ensure you're always getting the most from life at Amica.



PERSONALIZING YOUR CARE

Our professional care and support staff is available around the clock whenever you need assistance. We tailor our services based on your needs and preferences.

PRIORITIZING YOUR WELLNESS

- Wellness Team available 24/7
- Our Nurse will update your Wellness Plan whenever your needs or preferences change
- Flexible care and support options provided in the privacy of your suite and based on your personal routine and preferences
- Personalized pharmacy services available through Amica's selected provider



At Amica Beechwood Village, several local health professionals provide scheduled services on-site

MASSAGE THERAPIST

PHYSIOTHERAPIST

FOOT CARE NURSE

AUDIOLOGIST



A young child with curly hair, wearing a pink shirt, is playing chess with an adult. The adult's hands are visible, moving a piece on the board. The scene is set outdoors with a bright, sunny background.

CONTINUE YOUR LIFESTYLE

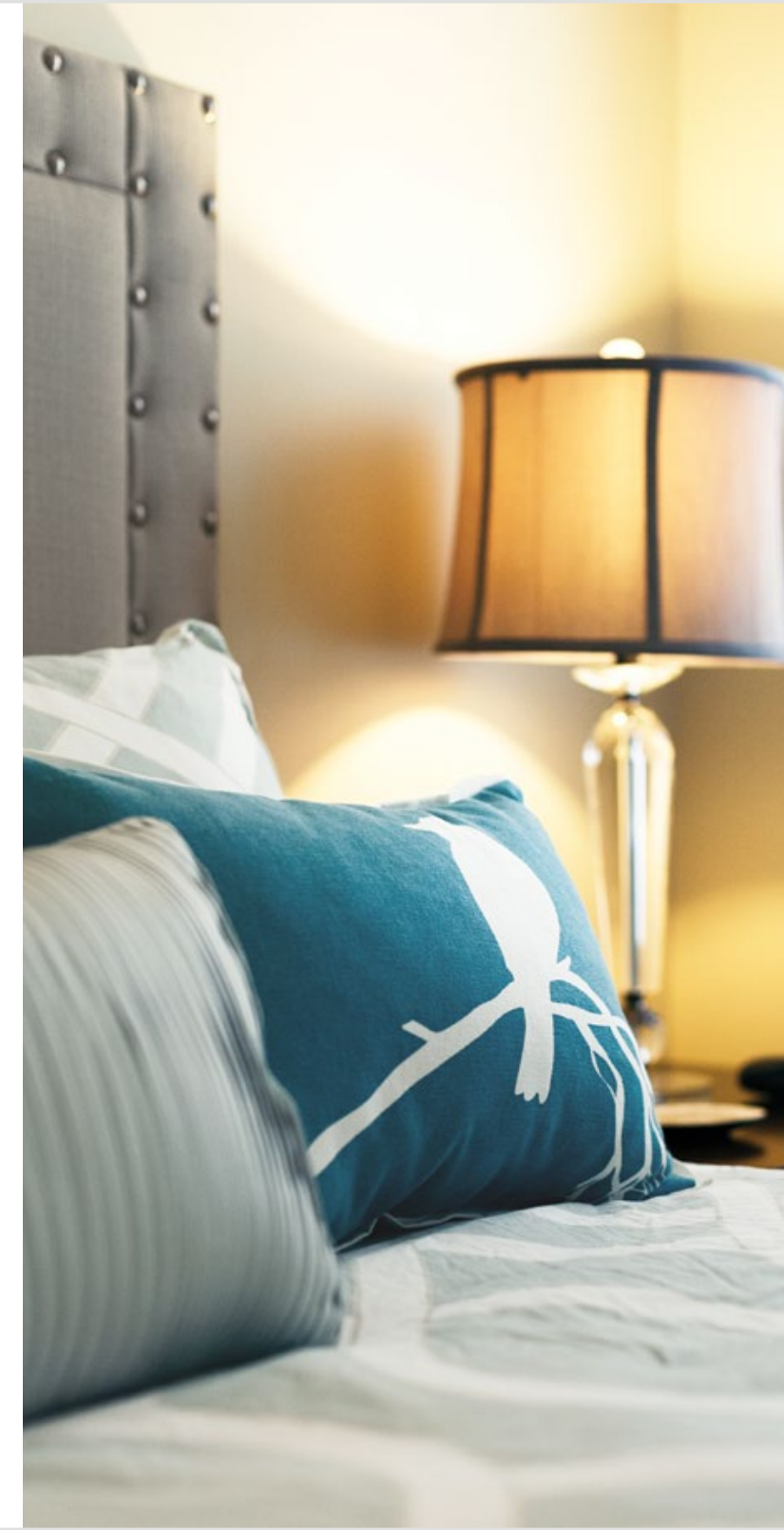
Our unique approach to discovery helps our certified staff get to know what makes you the extraordinary person you are. You can be assured the lifestyle you enjoy now will continue at Amica Beechwood Village.

LIVE INDEPENDENTLY

Enjoy Independent Living, secure in the knowledge you will always have the support and care you need, whenever you need it. Our premium amenities and wide range of life enriching activities are available to all residents. It's up to you how much or how little to participate.

ADDITIONAL CARE ALWAYS AVAILABLE

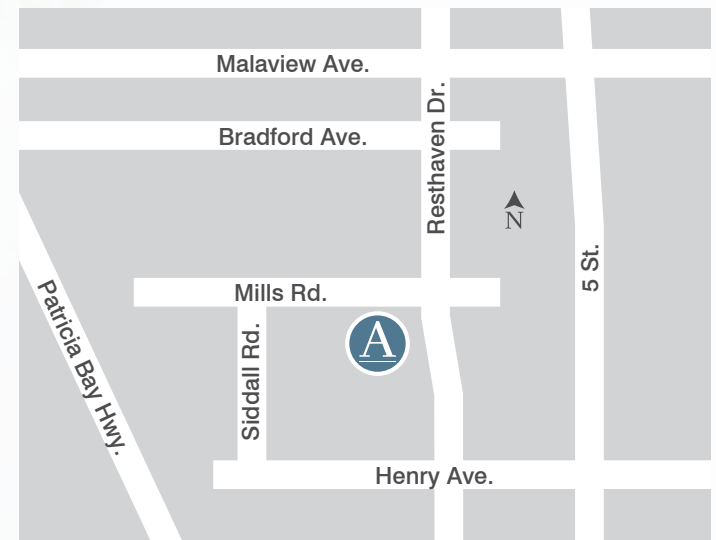
Should you need it, we deliver care and support in the privacy and comfort of your suite. Take comfort knowing your care will evolve as your needs change.





TRIAL STAY

Interested in discovering if Amica Beechwood Village is right for you? We offer short stays for you to experience firsthand what life here is like. We also offer respite stays if you find yourself in need of some extra care and support.



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