

AMICA

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LIONS GATE



## WELCOME TO AMICA LIONS GATE

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With a gorgeous view of Lions Gate Bridge, Stanley Park, and Burrard Inlet, Amica Lions Gate is a wonderful place to call home. Here residents enjoy the beauty and vibrancy of West Vancouver, with access to walking trails, parks, services, and quality shopping. Home to art galleries, live performance venues, museums, and community events, in West Vancouver, it's all there for you.

## JUST FOR YOU

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Welcome to senior living tailored to you. From our graceful interiors to our premium amenities and services, at Amica Lions Gate you'll find exactly what you're looking for in a senior residence. Our dedicated team is ready to create an exceptional experience that respectfully meets all your personal needs. Feel confident knowing Amica Lions Gate has been designed to provide you everything you need today, and in the years to come.

## BE INSPIRED

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Our wide range of premium amenities and services is designed to meet all your physical, intellectual and social needs.



## PREMIUM AMENITIES AND ENRICHING ACTIVITIES

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- Wi-Fi throughout the building
- Home theatre
- Two spacious lounges on each floor
- Extensive patio spaces (covered and uncovered)
- Private walking path
- Tea room

## AMICA LIONS GATE OFFERS

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- Hair salon and spa
- Spa baths
- Concierge
- Children's play area
- 24-hour emergency response system with personal pendants, monitored on-site
- Dedicated transportation for scheduled excursions
- Licensed Residential Care

## EXTRAORDINARY CUISINE

Our passion for food can be found in every menu our Red Seal Certified Chef creates. Using the freshest ingredients, our skilled on-site chefs prepare a variety of healthy, balanced, nutritious (and dietician approved) meals to suit every appetite. Everything is served by our attentive staff, ensuring each dining experience is a special one.



### CHOOSE WHERE TO DINE IN STYLE

- Three dedicated dining rooms and numerous lounges
- Flexible dining – dine when and where you prefer
- All day self-serve bistro with fresh fruit and baked goods always available
- Private dining room available for special occasions
- Family and friends are welcome to join you anytime – we'll even cater your event
- Enjoy meals in the dining room, self-serve bistro, or in the comfort of your suite

À-LA-CARTE MENU  
WITH RESIDENTS' FAVOURITES

SPECIAL OCCASION MENUS

UNIQUE DIETARY NEEDS AND  
PREFERENCES ACCOMMODATED

MIND.  
AND BODY.

## DESIGNED FOR YOU

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You choose how to spend each day, whether it's relaxing or joining in on activities.

### ACTIVITIES & SOCIAL EVENTS

- Daily exercise classes
- Art therapy, music therapy, and pet therapy
- Walking, knitting, baking, and gardening clubs
- Social events, entertainment, speakers, movies in our theatre
- Intergenerational programming
- Celebrations and special occasions
- Family and friends events
- Volunteering opportunities
- Regular group outings
- Specialized programs tailored to the unique needs of Memory Care residents delivered by certified staff



# YOUR PERSONALIZED WELLNESS PLAN

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## UNIQUELY YOURS

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For each resident we develop a Personalized Wellness Plan to help you take advantage of all that Amica has to offer. Together we will build a customized plan based on your social, intellectual, physical, care and support needs to ensure you're always getting the most from life at Amica.



## PERSONALIZING YOUR CARE

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Our professional care and support staff is available around the clock whenever you need assistance. We tailor our services based on your needs and preferences.

### PRIORITIZING YOUR WELLNESS

- Licensed Residential Care
- Registered Nurse leads our Wellness Team
- Licensed Practical Nurse and Wellness Team available 24/7
- Our Nurse will update your Wellness Plan whenever your needs or preferences change
- Flexible care and support options provided in the privacy of your suite and based on your personal routine and preferences
- Personalized pharmacy services available through Amica's selected provider



At Amica Lions Gate, several local health professionals provide scheduled services on-site:

PHYSICIAN

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PHYSIOTHERAPIST

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FOOT CARE NURSE

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HEARING CLINIC

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MOBILE DENTAL CLINIC

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WEEKLY LABORATORY SERVICES

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DIETICIAN



A young child with curly hair, wearing a pink shirt, is focused on playing chess. An adult's hands are visible, one pointing at a chess piece on the board. The scene is set outdoors with a bright, sunny background.

## A LIFESTYLE DESIGNED FOR YOU

Our unique approach to discovery helps our certified staff get to know what makes you the extraordinary person you are. You can be assured that you'll have the care and support you need at Amica Lions Gate. And if your needs change, we will adapt to meet them so you won't have to worry about moving again.

A close-up view of a bedroom interior. A lamp with a dark shade and a brass base is on a nightstand. A blue pillow with a white palm tree design is on a bed. The room is warmly lit.

Our premium amenities and wide range of life enriching activities are available to all residents. Feel confident knowing our staff are trained to gently initiate and encourage participation in activities to ensure residents enjoy the physical and social benefits associated with joining in.

### LIVE WITH ASSISTANCE

Enjoy support with daily living in our Licensed Residential Care suites, with a wellness team available 24/7 to give you added peace of mind.

### MEMORY CARE

For residents living with Alzheimer's or other forms of dementia, full support from certified experts is available in our dedicated Licensed Residential Memory Care suites.

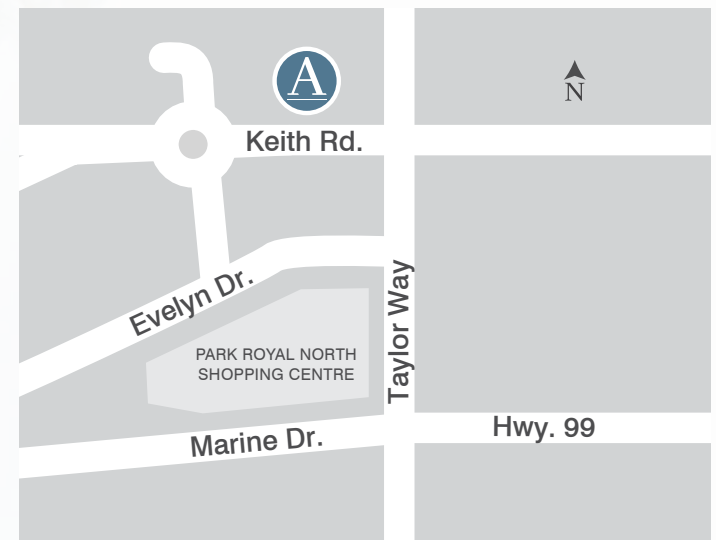




## RESPIRE STAY

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If you find yourself in need of some extra care, why not consider a respite stay at Amica Lions Gate. Whether you're recovering from illness or surgery, or your family or caregiver is out of town, here you can relax in the comfort of your furnished suite, knowing professional support is available 24/7.



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