AMICA

SWAN LAKE

WELCOME TO AMICA SWAN LAKE

Nestled in the heart of historic Markham Village, our residence overlooks walking trails and parklands from its waterside location. Just steps from the tranquil shores of Swan Lake with easy access to Markville Mall, Angus Glen Golf Club, and the Flato Markham Theatre, there's something for everyone at Amica Swan Lake.

PERSONALIZED ELEGANCE

Welcome to exclusive senior living tailored to you. From our breathtaking views, stunning architecture and beautiful design to premium amenities and unparalleled services, Amica Swan Lake offers everything you're looking for in a seniors' residence. We will create a customized experience so you can continue living the life you love, every day. You can rest assured that you'll find everything you need at Amica Swan Lake, today and in the years to come.

BE INSPIRED

Our wide range of premium amenities and services is designed to meet all your physical, intellectual and social needs.

PREMIUM AMENITIES

- Library
- Computer lounge with kids play area
- Wi-Fi in social spaces
- Arts and crafts kitchen
- Home theatre and billiards room
- Fitness centre with personalized and group programs
- Swimming pool
- Therapeutic spa rooms
- Memory Care Solarium with secure outdoor courtyard
- Walking trail with benches

ON-SITE SERVICES

- Hair salon with barber shop and spa
- 24/7 Concierge service
- 24-hour emergency response system with personal pendants
- Shuttle service for scheduled outings
- In-suite professional care and support

EXTRAORDINARY CUISINE

Our passion for food can be found in every menu our professional Chef creates. Using the freshest ingredients, our skilled on-site culinary team prepares a variety of nutritious, dietitian-approved meals to suit every appetite. Everything is served by our attentive team, ensuring each dining experience is a special one.

FLEXIBLE DINING

- Dedicated dining rooms and lounges for all lifestyle options
- Italian style eatery with wood fired pizza oven and gelato station
- Self-serve bistro with fresh fruit and baked goods always available
- Private dining room available for special occasions with loved ones (catering available)
- Dine where you like: Enjoy meals in the Italian eatery, dining room, self-serve bistro, or in the comfort of your suite

CHEF'S DAILY SPECIALS

À-LA-CARTE MENU
WITH RESIDENTS' FAVOURITES

SPECIAL OCCASION MENUS

UNIQUE DIETARY NEEDS AND
PREFERENCES ACCOMMODATED

DESIGNED FOR YOU

You choose how to spend each day, whether it's relaxing or joining in on activities.

ACTIVITIES & SOCIAL EVENTS

- Walking club, fun fitness classes, strength training programs
- Creative expressions such as painting and gardening
- Social gatherings, entertainment, speakers, movies in our theatre
- Celebrations and special occasions
- Family and friends events
- Volunteering opportunities
- Weekly group outings
- Specialized programs tailored to the unique needs of residents in Memory Care, delivered by our certified team

SIP & SAVOUR EXPERIENCES

- Amica hosts an extraordinary series of special events designed to celebrate diverse cultures from around the world. Residents can enjoy fine international dining, cocktails, entertainment and unique experiences.

YOUR PERSONALIZED WELLNESS PLAN

UNIQUELY YOURS

We develop a personalized wellness plan for each resident, empowering them to take advantage of all that Amica has to offer. Together we will build a customized plan based on your social, intellectual, physical, care and support needs to ensure you're always getting the most from life at Amica.

PRIORITIZING YOUR WELLNESS

Our approach to wellness is designed to support independence and everyday comfort through personalized care that evolves alongside each resident's needs.

Amica's thoughtfully tailored wellness and care services include:

- Nurse and Wellness Team available on site 24/7
- Updates to your Wellness Plan by our nurse whenever your needs or preferences change
- Flexible care and support options provided in the privacy of your suite and based on your personal routine and preferences
- Pharmacy services

At Amica Swan Lake, several local health professionals provide scheduled services on-site:

PHYSICIAN

PHYSIOTHERAPIST

PODIATRIST

FOOT CARE CLINIC

WALKER CLINIC

CONTINUE YOUR LIFESTYLE

Our unique approach to discovery helps our certified team get to know what makes you the extraordinary person you are. You can be assured the lifestyle you enjoy now will continue at Amica Swan Lake. If your lifestyle needs change, we will adapt to meet them, so you can age in place in the neighbourhood you love.

INDEPENDENT LIVING

Enjoy living on your own terms, with exclusive access to a wide range of premium amenities and life-enriching activities tailored to your lifestyle. Every day is always up to you, and you can decide how much or how little to participate.

You can have peace of mind knowing you'll always have access to care if you need it.

PREMIUM INDEPENDENT LIVING

You can also choose the added luxury of our Premium Independent Living suites, featuring more space, full kitchens and upgraded finishes.

ASSISTED LIVING

Should you need additional support with daily living, our Assisted Living suites have a wellness team on the same floor to give you added peace of mind.

MEMORY CARE

For residents living with Alzheimer's or other forms of dementia, full support from certified experts is available in thoughtfully designed suites on our secure Memory Care floor.

THE DIFFERENCE MEMORY CARE MAKES

At Amica, we pride ourselves on providing best-in-class care. Our Memory Care program is a specially-designed lifestyle option that offers dedicated care and services for seniors living with Alzheimer's disease or other types of dementia. We recognize that every senior is unique, so we complete a detailed discovery process to ensure all care is personalized based on each resident's specific needs and preferences.

HOW WE SUPPORT OUR RESIDENTS

- Around-the-clock access to a Registered Care Partner and nursing support
- Premium hospitality including exceptional dining, well-appointed amenities and scheduled transportation
- A dedicated Memory Care Coordinator to communicate with families and provide support to residents and team members
- The implementation of Personalized Wellness Plans tailored to residents' individual needs
- The creation of 'My Life Story Boxes' to help residents make meaningful connections
- Access to dedicated, secure outdoor courtyard with gardens and walking path

TRIAL STAY

Interested in discovering if Amica Swan Lake is right for you? We offer short stays for you to experience firsthand what life here is like. We also offer respite stays if you find yourself in need of some extra care and support.

6360 16TH AVE, MARKHAM
905-201-6058
AMICA.CA/SWANLAKE