

AMICA

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ERIN MILLS



## WELCOME TO AMICA ERIN MILLS

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With quiet parks and plenty of shops nearby, it's no wonder Erin Mills is one of Mississauga's most popular places to live. Tucked into a quaint residential neighbourhood, Amica Erin Mills is just steps from Erin Mills Town Centre and blocks away from Credit Valley Hospital. You have everything you need, right at your doorstep.

## JUST FOR YOU

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Welcome to senior living tailored to you. From our welcoming interiors to our premium amenities and services, at Amica Erin Mills you'll find exactly what you're looking for in a senior residence. Our dedicated team is ready to create an exceptional experience that respectfully meets all your personal needs. Feel confident knowing Amica Erin Mills has been designed to provide you with everything you need today, and in the years to come.



## BE INSPIRED

Our wide range of premium amenities and services is designed to meet all your physical, intellectual and social needs.



## PREMIUM AMENITIES AND ENRICHING ACTIVITIES

- Library lounge, computer lounge
- Wi-Fi in social spaces
- Arts and crafts kitchen
- Home theatre
- Billiards and games room
- Activities room
- Fitness centre with personalized and group programs
- Courtyard gazebo with benches
- Swimming pool

## AMICA ERIN MILLS OFFERS

- Hair salon
- 24-hour concierge
- 24-hour emergency response system with personal pendants
- Dedicated transportation for group shopping and excursions
- Corner store
- In-suite professional care and support



## EXTRAORDINARY CUISINE

Our passion for food can be found in every menu our Red Seal Certified Chef creates. Using the freshest ingredients, our skilled on-site chefs prepare a variety of healthy, balanced, nutritious (and dietician approved) meals to suit every appetite. Everything is served by our attentive staff, ensuring each dining experience is a special one.



### CHOOSE WHERE TO DINE IN STYLE

- Enjoy meals in the dining room, self-serve bistro, on the patio, or in the comfort of your suite
- Dedicated dining rooms & lounges for Independent Living and Assisted Living
- Patio with courtyard garden
- All day self-serve bistro with fresh fruit and baked goods always available
- Private dining room available for special occasions
- Invite your family and friends to join you anytime – we'll even cater your event

### CHEF'S DAILY SPECIALS

À-LA-CARTE MENU  
WITH RESIDENTS' FAVOURITES

SPECIAL OCCASION MENUS

UNIQUE DIETARY NEEDS AND  
PREFERENCES ACCOMMODATED



MIND.  
AND BODY.

## DESIGNED FOR YOU

You choose how to spend each day, whether it's relaxing or joining in on activities.

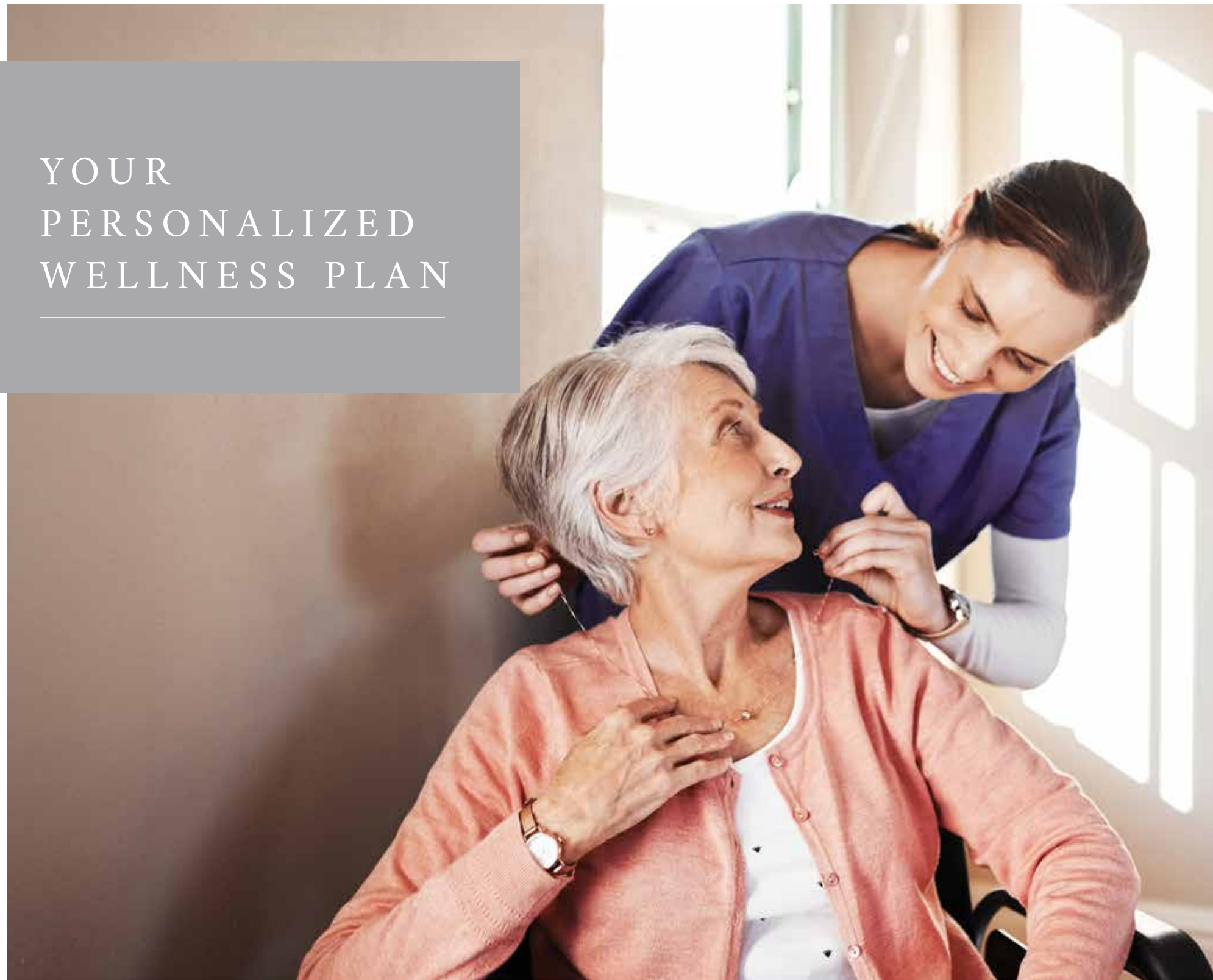
### ACTIVITIES & SOCIAL EVENTS

- Walking Club, exercise classes, strength training programs
- Painting, art classes and gardening
- Social events, entertainment, clubs, speakers, movies in our theatre
- Celebrations and special occasions
- Family and friends events
- Volunteering opportunities
- Weekly group outings



# YOUR PERSONALIZED WELLNESS PLAN

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## UNIQUELY YOURS

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For each resident we develop a Personalized Wellness Plan to help you take advantage of all that Amica has to offer. Together we will build a customized plan based on your social, intellectual, physical, care and support needs to ensure you're always getting the most from life at Amica.





# PERSONALIZING YOUR CARE

Our professional care and support staff is available around the clock whenever you need assistance. We tailor our services based on your needs and preferences.

## PRIORITIZING YOUR WELLNESS

- Nurse and Wellness Team available 24/7
- Our Nurse will update your Wellness Plan whenever your needs or preferences change
- Flexible care and support options provided in the privacy of your suite and based on your personal routine and preferences
- Personalized pharmacy services available through Amica’s selected provider



At Amica Erin Mills, several local health professionals provide scheduled services on-site:

PHYSICIAN

CHIROPODIST

PHYSIOTHERAPIST

HEARING SPECIALIST





## CONTINUE YOUR LIFESTYLE

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Our unique approach to discovery helps our certified staff get to know what makes you the extraordinary person you are. You can be assured the lifestyle you enjoy now will continue at Amica Erin Mills. If your lifestyle needs change, we will adapt to meet them, so you don't have to worry about moving again.



## INDEPENDENT LIVING

Enjoy Independent Living, secure in the knowledge you will always have the support and care you need, whenever you need it. Our premium amenities and wide range of life enriching activities are available to all residents. It's up to you how much or how little to participate. Just know as your needs evolve, so too does our care.

## ASSISTED LIVING

Should you need additional support with daily living, our Assisted Living suites have a wellness team on the same floor to give you added peace of mind.

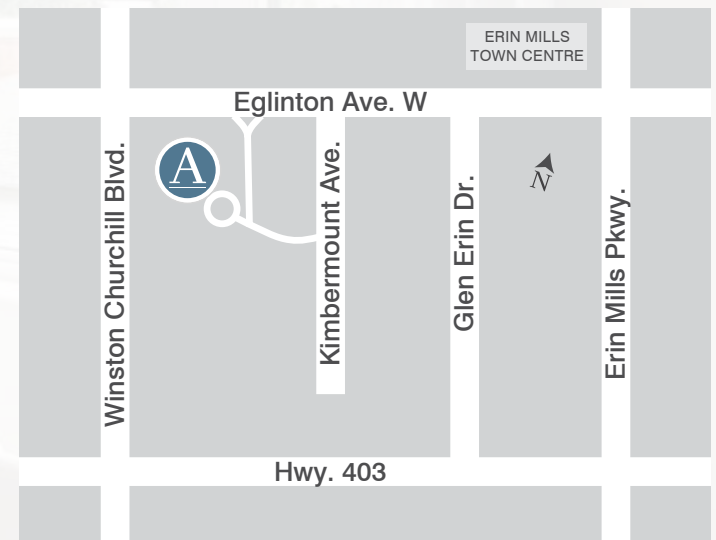






## TRIAL STAY

Interested in discovering if Amica Erin Mills is right for you? We offer short stays for you to experience firsthand what life here is like. We also offer respite stays if you find yourself in need of some extra care and support.



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