

# HEALTHCARE SERVICES AT AMICA NEWMARKET

## Amica Newmarket

Our senior lifestyles residence has been thoughtfully designed to provide seniors with everything they need today and in the years to come. Our professional care and support staff are available around the clock. Residents can live independently, secure in the knowledge they will always have the support and care they need. Should residents need additional support with daily living, our Assisted Living suites have a wellness team on the same floor. If lifestyle needs change, we adapt to meet them, so our residents don't have to worry about moving again. If they are in need of extra care, we offer respite, short term, and convalescent stays, based on availability, with professional support available 24/7.

### Amica Newmarket offers:

- Three meals a day, plus snacks
- Weekly housekeeping and flat-linen laundry
- Dedicated transportation for scheduled shopping or excursions
- Premium amenities and engaging activities
- 24-hour emergency response system with personal pendants

### Flexible care and support services are available, including:

- Assistance with bath or shower
- Assistance with dressing and grooming
- Medication management
- Wound care
- Assistance with transferring and mobility support

Our residence is an ideal pay alternative to Long Term Care, including Assistance with Daily Living. We will offer assistance up to end of life care.

Please reference the chart on reverse side for a full list of our care services, whether for a permanent lifestyle or temporary respite care.

# HEALTHCARE SERVICES AT AMICA NEWMARKET

Healthcare Service	Availability	Notes
Continence Care	✓	Provided as part of care services including a continence product package, as requested
Dementia Care	✓	There is not a secure floor, and some behaviours (i.e. exit-seeking, aggression) may not be accommodated. Assessment will be required
Diabetes Care	✓	Diabetic diet offered, blood glucose monitoring, oral and injectable medication for diabetes management
Feeding Tubes	✓	Continuous and/or intermittent enteral nutrition
Lab Services	✓	Once weekly for blood specimen and urine samples
Medication Management	✓	Medication delivery by nurses and Medication Care Partners, including reordering of medications and documented medication administration
Mobility Assistance	✓	Scoters, wheelchairs, walkers, and canes all welcome
Modified Diets	✓	We recognize special diets/allergies and offer soft, minced, and pureed food textures, as needed
Ostomy Care	✓	Care and maintenance of colostomy/ileostomy
Oxygen	✓	Oxygen delivery and management including CPAP and BIPAP therapy
Physician	✓	Visiting in-house physician
Private Duty Assistance	✓	All caregivers are welcome, but must adhere to Amica policies and procedures
Safety & Security	✓	Nurse and Wellness Team available 24/7, and a 24-hour emergency response system with personal pendants available
Scoters	✓	Parking and charging available
Support Services	✓	We can connect you with additional community support and help facilitate visiting professional services as needed
Urinary Catheter & Suprapubic Catheter	✓	Care and maintenance of catheters provided. Home and Community Care Services also available for changing indwelling catheters
Weight Bearing	✓	Support with transferring including a 2-person transfer and mechanical lifting supports
Wound Care	✓	Skin and wound care available for basic wounds (stage 1-2 for pressure injuries). Advanced wound care provided by Home and Community Care Services

For each resident we develop a Personalized Wellness Plan so they can take advantage of all that Amica has to offer. Together we will build a customized plan based on social, intellectual, physical, care and support needs to ensure each resident is always getting the most from life at Amica.