

# AMICA

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NEW MARKET



## WELCOME TO AMICA NEWMARKET

When it comes to this sought-after neighbourhood, think country charm meets city vitality. At Amica Newmarket, residents can venture out to the scenic parks and conservation areas, or the independent shops and restaurants of the downtown Main Street—and don't forget the convenience of Upper Canada Mall. Discover the possibilities of life at Amica Newmarket.

## PREMIUM & PERSONALIZED

Welcome to senior living tailored to your unique needs. From our thoughtful design elements and well-appointed amenities to our rotating menu and extensive range of enriching activities, at Amica Newmarket you'll find exactly what you're looking for and more in a senior residence. Our attentive and compassionate team is ready to create a personalized experience for you that evolves with your needs and preferences. You can feel confident knowing Amica Newmarket has been designed to provide you with everything you need today, and in the years to come.

## BE INSPIRED

Our wide range of premium amenities and services is designed to meet all your physical, intellectual and social needs, so you can explore different possibilities every day.



## PREMIUM AMENITIES

- Library lounge, computer lounge
- Wi-Fi in social spaces
- Arts and crafts kitchen
- Home theatre, pub with billiards
- Activities room
- Fitness centre with personalized and group programs
- Gardener's greenhouse
- Swimming pool

## PROFESSIONAL SERVICES

- Hair salon
- Concierge
- 24-hour emergency response system with personal pendants
- Dedicated transportation for shopping and excursions
- Corner store
- In-suite professional care and support

## EXTRAORDINARY CUISINE

Our passion for food can be found in every menu our Red Seal Certified Chef creates. Using the freshest ingredients, our skilled on-site chefs prepare a variety of healthy, balanced, nutritious (and dietitian approved) meals to suit every appetite. Everything is served by our attentive staff, ensuring each dining experience is a special one.



## FLEXIBLE DINING OPTIONS

- Dedicated dining rooms & lounges for Independent Living and Assisted Living
- Patio with courtyard garden
- All day self-serve bistro with fresh fruit and baked goods always available
- Private dining room available for special occasions
- Invite your family and friends to join you anytime – we'll even cater your event
- Enjoy meals in the dining room, self-serve bistro, on the patio, or in the comfort of your suite





## DESIGNED FOR YOU

You choose how to spend each day, whether it's relaxing or joining in on activities.

### ACTIVITIES & SOCIAL EVENTS

- Walking club, fun fitness classes, strength training programs
- Creative expressions such as painting and gardening
- Social gatherings, entertainment, speakers, movies in our theatre
- Celebrations and special occasions
- Family and friends events
- Volunteering opportunities
- Weekly group outings

### SIP & SAVOUR EXPERIENCES

- Amica hosts an extraordinary series of special events designed to celebrate diverse cultures from around the world. Residents can enjoy fine international dining, cocktails, entertainment and unique experiences.





## YOUR PERSONALIZED WELLNESS PLAN

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### UNIQUELY YOURS

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We develop a Personalized Wellness Plan for each resident, to help you take advantage of all that Amica has to offer. Together we will build a customized plan based on your needs and preferences and as they evolve, so too will our care.



## PRIORITIZING YOUR WELLNESS

Our professional care and support staff is available around the clock whenever you need assistance. We tailor our services based on your needs and preferences.

- Our Nurse and Wellness Team are available around the clock, ready to assist you based on your Personalized Wellness Plan.
- Flexible care and support options are provided in the privacy of your suite.
- Personalized pharmacy services are available through Amica's selected provider.



At Amica Newmarket, several local health professionals provide scheduled services on-site:

VISITING PHYSICIAN

FOOT CARE NURSE

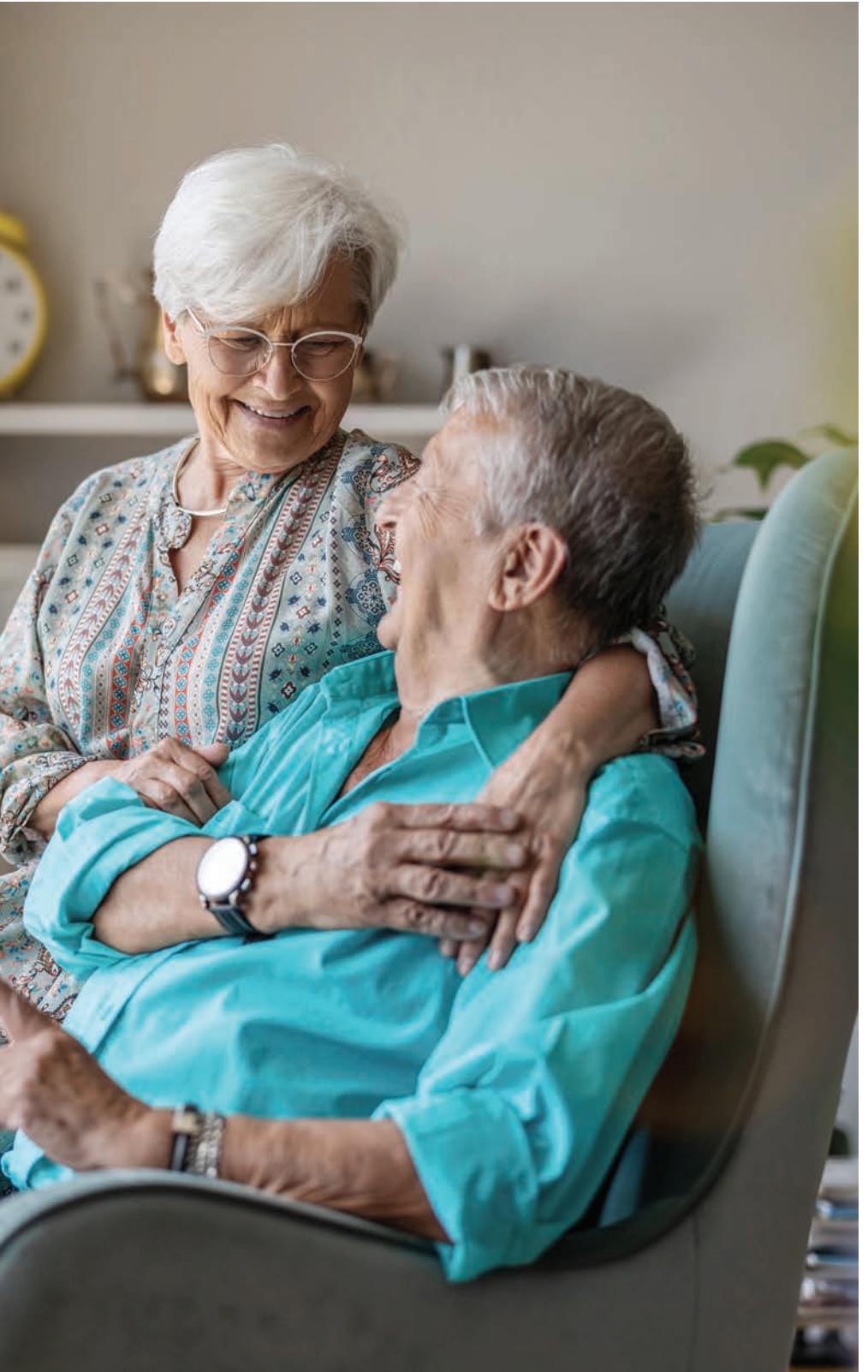
AUDIOLOGIST

WALKER CLINIC



## CONTINUE YOUR LIFESTYLE

Our unique approach to discovery helps our certified team get to know what makes you the extraordinary person you are. You can have peace of mind that, at Amica Newmarket, you can continue to enjoy the lifestyle you've created for yourself.



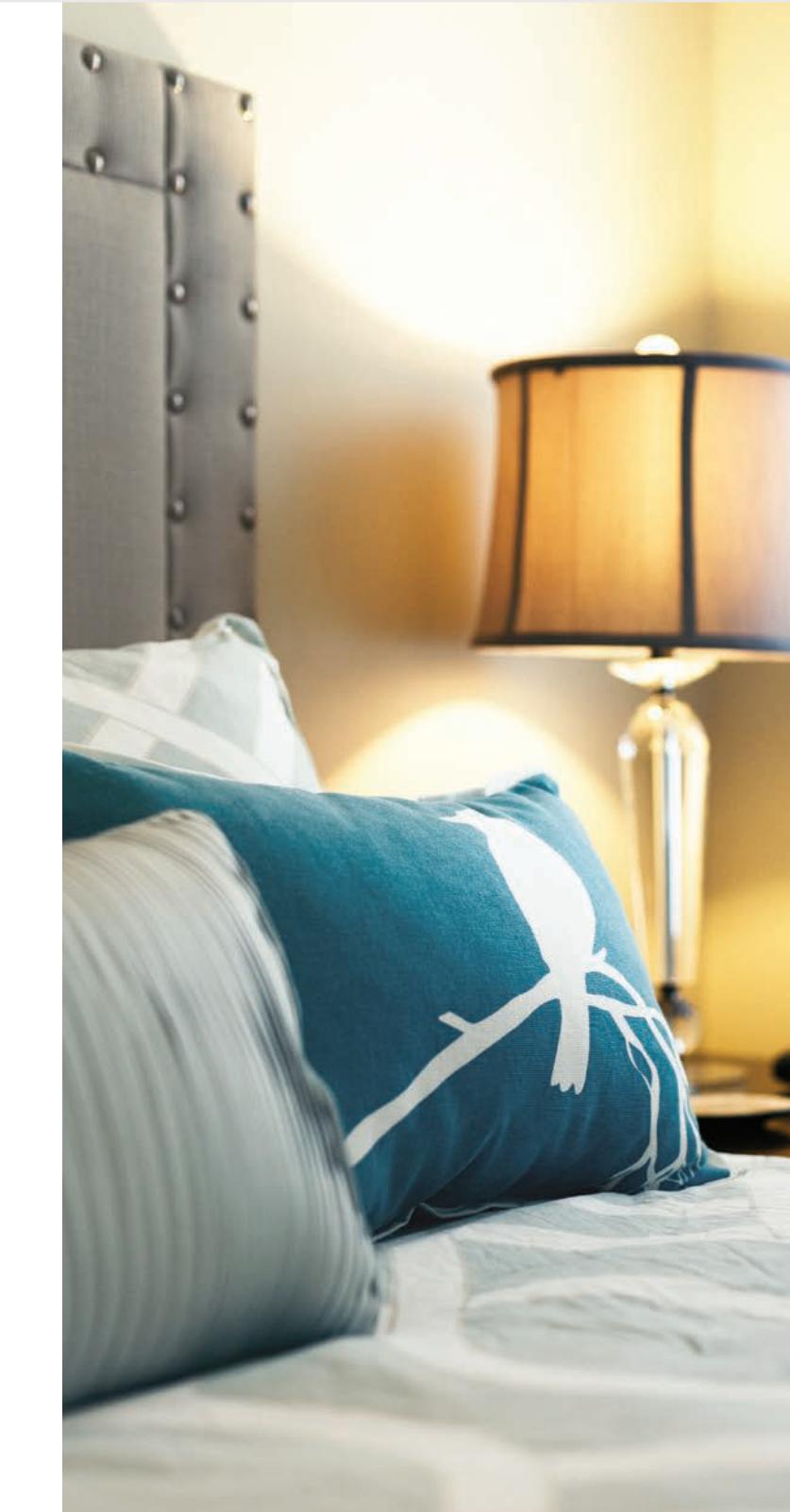
### INDEPENDENT LIVING

Enjoy living on your own terms, with exclusive access to a wide range of premium amenities and life enriching activities tailored to your lifestyle.

You can have peace of mind knowing you'll always have access to care if you need it.

### ASSISTED LIVING

Should you need additional support with daily living, our Assisted Living suites have a wellness team on the same floor to give you added peace of mind.

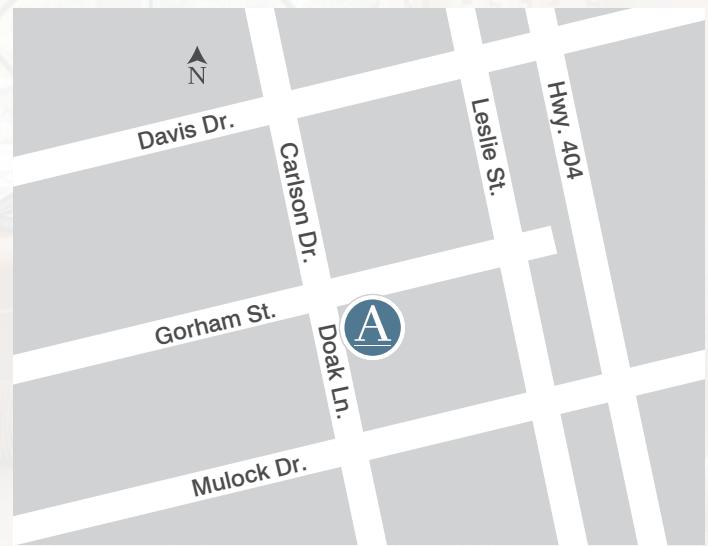




## TRIAL STAY

Interested in discovering if Amica Newmarket is right for you? We offer short stays for you to experience firsthand what life here is like. We also offer respite stays if you find yourself in need of some extra care and support.

Both short and respite stays are subject to availability.



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