# AMICA

B R O N T E H A R B O U R



### WELCOME TO AMICA BRONTE HARBOUR

Enjoy a coffee in Bronte Village, with its quaint shops and small-town atmosphere. Step out back to admire Bronte Creek and Riverview Park. Soak up spectacular views of Lake Ontario from the boardwalk. You'll love the laidback feel of Amica Bronte Harbour in the heart of west Oakville.

### JUST FOR YOU

Welcome to senior living tailored to you. From our graceful interiors to our premium amenities and services, at Amica Bronte Harbour you'll find exactly what you're looking for in a senior residence. Our dedicated team is ready to create an exceptional experience that respectfully meets all your personal needs. Feel confident knowing Amica Bronte Harbour has been designed to provide you with everything you need today, and in the years to come.

### BE INSPIRED

Our wide range of premium amenities and services is designed to meet all your physical, intellectual and social needs.







#### PREMIUM AMENITIES AND ENRICHING ACTIVITIES

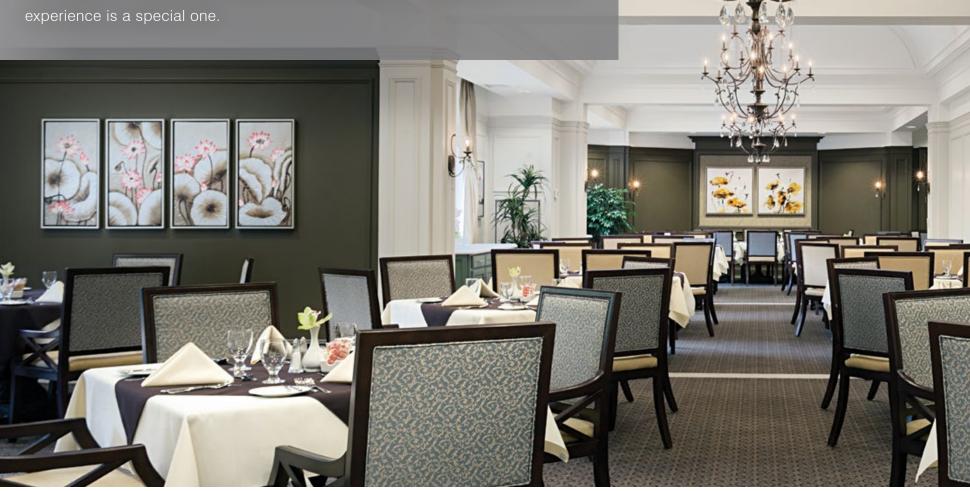
- Library lounge, computer lounge
- Wi-Fi in social spaces
- Arts and crafts kitchen
- Home theatre and billiards room
- Activities room
- Fitness centre with personalized and group programs
- Gardener's greenhouse
- Rooftop terrace
- Saltwater swimming pool

#### AMICA BRONTE HARBOUR OFFERS

- Hair salon and spa
- 24-hour concierge
- 24-hour emergency response system with personal pendants
- Dedicated transportation for shopping and excursions
- Health Corner
- In-suite professional care and support

### EXTRAORDINARY CUISINE

Our passion for food can be found in every menu our Red Seal Certified Chef creates. Using the freshest ingredients, our skilled on-site chefs prepare a variety of healthy, balanced, nutritious (and dietician approved) meals to suit every appetite. Everything is served by our attentive staff, ensuring each dining experience is a special one.







#### CHOOSE WHERE TO DINE IN STYLE

- Flexible dining dine when and where you prefer
- Dedicated dining rooms & lounges for Independent Living and Assisted Living
- Patio with courtyard garden
- All day self-serve bistro with fresh fruit and baked goods always available
- Private dining room available for special occasions
- Invite your family and friends to join you anytime – we'll even cater your event
- Enjoy meals in the dining room, self-serve bistro, on the patio, or in the comfort of your suite



À-LA-CARTE MENU WITH RESIDENTS' FAVOURITES

SPECIAL OCCASION MENUS

UNIQUE DIETARY NEEDS AND PREFERENCES ACCOMMODATED

# MIND. AND BODY.



### DESIGNED FOR YOU

You choose how to spend each day, whether it's relaxing or joining in on activities.

#### ACTIVITIES & SOCIAL EVENTS

Walking Club, exercise classes, strength training programs

Painting, art classes and gardening

 Social events, entertainment, clubs, speakers, movies in our theatre

Celebrations and special occasions

Family and friends events

Volunteering opportunities

Weekly group outings









# YOUR PERSONALIZED WELLNESS PLAN



#### UNIQUELY YOURS

For each resident we develop a Personalized Wellness Plan to help you take advantage of all that Amica has to offer. Together we will build a customized plan based on your social, intellectual, physical, care and support needs to ensure you're always getting the most from life at Amica.





### PERSONALIZING YOUR CARE

Our professional care and support staff is available around the clock whenever you need assistance. We tailor our services based on your needs and preferences.

#### PRIORITIZING YOUR WELLNESS

- Nurse and Wellness Team available 24/7
- Our Nurse will update your Wellness Plan whenever your needs or preferences change
- Flexible care and support options provided in the privacy of your suite and based on your personal routine and preferences
- Personalized pharmacy services available through Amica's selected provider







At Amica Bronte Harbour, several local health professionals provide scheduled services on-site:

#### PHYSICIAN

#### PHYSIOTHERAPIST

PODIATRIST

FOOT CARE NURSE

AUDIOLOGIST



### CONTINUE YOUR LIFESTYLE

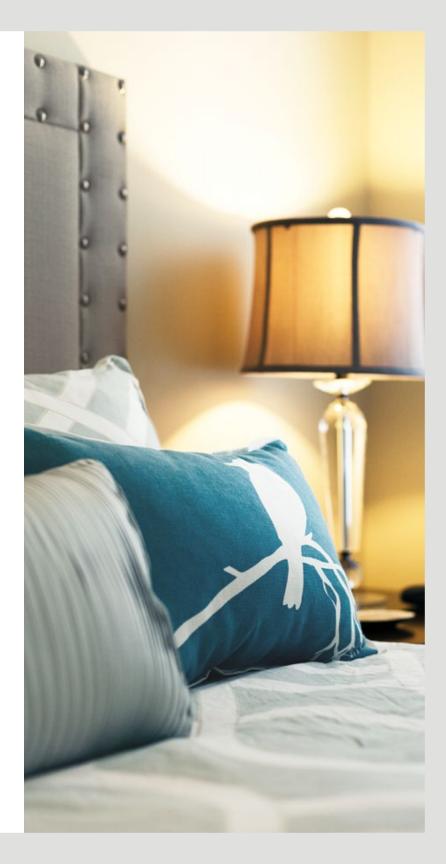
Our unique approach to discovery helps our certified staff get to know what makes you the extraordinary person you are. You can be assured the lifestyle you enjoy now will continue at Amica Bronte Harbour. If your lifestyle needs change, we will adapt to meet them, so you don't have to worry about moving again.

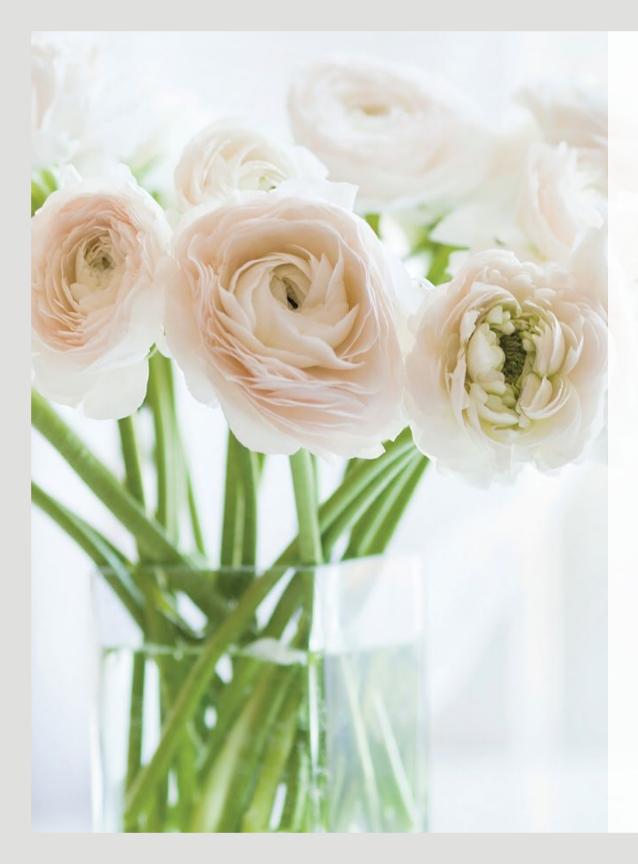
Should you need additional support with daily living, our Assisted Living suites have a wellness team on the same floor to give you added peace of mind.

#### INDEPENDENT LIVING

Enjoy Independent Living, secure in the knowledge you will always have the support and care you need, whenever you need it. Our premium amenities and wide range of life enriching activities are available to all residents. It's up to you how much or how little to participate. Just know as your needs evolve, so too does our care.

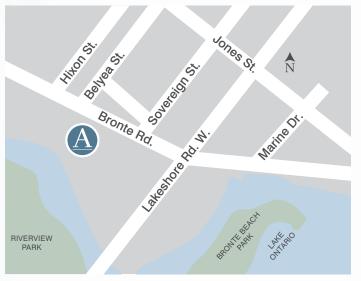
#### ASSISTED LIVING





### TRIAL STAY

Interested in discovering if Amica Bronte Harbour is right for you? We offer short stays for you to experience firsthand what life here is like. We also offer respite stays if you find yourself in need of some extra care and support.



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