



*Discover what's possible:*

## A Residence Tour *and* Evaluation Guide

At Amica, we believe choosing a residence should feel informed, supported, and even a little *inspiring*. It's not just about understanding what's available—it's about discovering what's possible.

This checklist is designed to support you along the way. Bring it with you as you explore senior living options to help guide your conversations, prompt thoughtful questions and make sure a residence is the right fit for you.

### THE RESIDENCE

|                                                                                                              | AMICA | OTHER<br>RESIDENCE | OTHER<br>RESIDENCE |
|--------------------------------------------------------------------------------------------------------------|-------|--------------------|--------------------|
| I am looking to move in [your time frame].<br>Would you have suite availability for me?                      |       |                    |                    |
| Do you have the suite types I'm looking for?<br>(including size, with a kitchen, etc.)                       |       |                    |                    |
| Does the rent include internet, cable, utilities, cleaning services, etc.?                                   |       |                    |                    |
| Does your residence have (amenities most important to you,<br>e.g. pool, private dining room, guest suites)? |       |                    |                    |
| Did the building have any renovations/upgrades recently?                                                     |       |                    |                    |
| Do you have smoke detectors, carbon monoxide detectors<br>and sprinklers in every suite?                     |       |                    |                    |
| Is there underground parking, for both residents and guests?<br>Is there a fee?                              |       |                    |                    |
| Are there storage lockers, and is there a fee for using one?                                                 |       |                    |                    |

## CARE SERVICES

|                                                                                                                              | AMICA | OTHER<br>RESIDENCE | OTHER<br>RESIDENCE |
|------------------------------------------------------------------------------------------------------------------------------|-------|--------------------|--------------------|
| Do you offer two-person assistance with a Hoyer lift?                                                                        |       |                    |                    |
| Do you offer continence support?                                                                                             |       |                    |                    |
| If my health changes and I need assistance with daily living, including Memory Care or palliative care, will I have to move? |       |                    |                    |
| Do you have a secure Memory Care floor?                                                                                      |       |                    |                    |
| Can you support couples in the same suite who require different levels of care?                                              |       |                    |                    |
| Can you accommodate specialized diets?<br>(i.e. gluten-free, diabetic and vegetarian, etc.)                                  |       |                    |                    |
| Can I customize my care support? Does the team remember my specific requirements?                                            |       |                    |                    |
| Can I be looked after by your doctor when I move in?                                                                         |       |                    |                    |
| Is there a defibrillator onsite?                                                                                             |       |                    |                    |
| Do you have medical team onsite 24/7?                                                                                        |       |                    |                    |

## MISCELLANEOUS

|                                                                            | AMICA | OTHER<br>RESIDENCE | OTHER<br>RESIDENCE |
|----------------------------------------------------------------------------|-------|--------------------|--------------------|
| Do you allow pets to live here? Can I have pets visit me temporarily?      |       |                    |                    |
| Is there a shuttle service for excursions?                                 |       |                    |                    |
| Can I eat at any time, anywhere? Is your dining room open all day?         |       |                    |                    |
| Is there outdoor space or a walking path?                                  |       |                    |                    |
| Are there social activities planned often?                                 |       |                    |                    |
| Do I need to pay extra for use of certain amenities?<br>(e.g. salon & spa) |       |                    |                    |



# Can I see myself *here*?

Think about how you felt during your visit. The right residence should feel like a place where you can continue enjoying the life you love.

## ASK YOURSELF THESE QUESTIONS:

- Could I see myself feeling at home here?
- Did I feel a connection with the people (residents and team members) that live and work here?
- Do the activities, outings and experiences reflect my interests and offer opportunities to discover new ones?
- Do I feel that I would make meaningful connections and friendships here?
- Can I picture myself enjoying the dining experiences and spending time in the shared spaces?
- Does this feel like a place where I could continue living life on my own terms?
- Do I feel confident that this residence will follow through on its promises and provide the support I need, now and in the future?



## NOTES

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